

# Preapproved Clusters

## Department of Home and Family

### 2008-2009 Catalog

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**Note:** The following are preapproved clusters. In consultation with advisors and the advising center, students may also seek approval of self-designed clusters. However, the following rules generally apply:

- ✓ The cluster must consist of courses from no more than two disciplines, and total 12 to 15 credits.
- ✓ Normally some upper division courses would be included to ensure that adequate depth of knowledge is achieved in the area chosen.
- ✓ At least 1 course must be taken in residence.
- ✓ Religion classes cannot be included in clusters.

<b>Child Development</b>		
<i>Take this course:</i>		
CHILD 210	Child Development	3
<i>Take 6 credits:</i>		
CHILD 300	Infant/Toddler Development	3
CHILD 310	Early Childhood Development	2
CHILD 320	Adolescent Development	3
<i>Take 3 credits:</i>		
CHILD 340	Language, Literacy and Learning	2
FAML 120	Parenting Skills	1
FAML 160	Family Relations	3
FAML 220	Parenting	3
SFN 110	Pregnancy	1
SOC 383	Juvenile Delinquency	3
<b>Total Credits</b>		<b>12</b>

<b>Infant/Toddler</b>		
<i>Take these courses:</i>		
CHILD 120	Infant and Toddlers	1
CHILD 210	Child Development	3
CHILD 280	Experience with Toddlers	3
CHILD 300	Infant/Toddler Development	3
FAML 120	Parenting Skills	1
SFN 110 1	Pregnancy	1
<b>Total Credits</b>		<b>12</b>

<b>Early Childhood</b>		
<i>Take these courses:</i>		
CHILD 120	Infant and Toddlers	1
CHILD 150	Foundations of Early Childhood	3
CHILD 210	Child Development	3
CHILD 230	Curriculum for Young Children	3
CHILD 340	Language, Literacy and Learning	2
<b>Total Credits</b>		<b>12</b>

<b>Sewing</b>		
<i>Take these courses:</i>		
HFED 207	Clothing Construction I	2
HFED 307	Advanced Sewing Construction	4
HFED 245	Pattern Making	3
HFED 345	Fitting and Alterations	3
HFED 360	Textiles	3
<b>Total Credits</b>		<b>15</b>

<b>Family Studies</b>		
<i>Take these courses:</i>		
FAML 160	Family Relations	3
FAML 220	Parenting	3
FAML 300	Marriage	3
<i>Take 3 credits:</i>		
CHILD 210	Child Development	3
FAML 100	The Family	3
FAML 110	Marriage Skills	1
FAML 120	Parenting Skills	1
FAML 200	Preparation for Marriage	2
FAML 360	Family Stress and Coping	3
FAML 400	Family Theories and Dynamics	3
FAML 420	The Helping Relationship	3
FAML 430	Family & Community Relations	3
FAML 460	Child and Family Advocacy	2
HFED 160	Home & Family Management	3
HFED 340	Money Management	3
SFN 110	Pregnancy	1
SOC 311	Family Interaction	3
<b>Total Credits</b>		<b>12</b>

<b>Culinary Arts</b>		
<i>Take these courses:</i>		
CA 120	Intro to Food Service Sanitation	2
CA 131	Bakery	3
CA 160	Culinary Fundamentals	3
<i>Take 5 credits</i>		
CA 233	Pastry	3
CA 260	Applied Culinary Fundamentals	3
CA 234	Cake Decorating	2
CA 240	Confectionary	2
CA 280	International Foods	2
CA 370*	Garde Manger	2
CA 372*	Advanced Presentation	2
<b>Total Credits</b>		<b>13</b>

<b>Foods</b>		
<i>Take these courses:</i>		
HFED 100	Essentials of Human Nutrition 3	3
HFED 110	Introductory Foods 2	2
HFED 240	Meal Management 2	2
HFED 330	Nutrition in the Life Cycle 3	3
*Optional	*Choose a Culinary Arts class for 2 additional credits	2
<b>Total Credits</b>		<b>12</b>

<b>Nutrition</b>		
<i>Take these courses:</i>		
HFED 100	Essentials of Human Nutrition	3
HFED 200	Nutrient Metabolism	3
<i>Take 6 -9 credits:</i>		
BIO 265	Human Anatomy and Physiology	4
CHEM 150	Intro to Organic and Biochemistry	5
HFED 330	Nutrition in the Life Cycle	3
HFED 350*	Sports Nutrition	3
	<b>Total Credits</b>	<b>12</b>

<b>Food and Nutrition</b>		
<i>Take this course:</i>		
HFED 100	Essentials of Human Nutrition	3
<i>Take 1 course:</i>		
CA 160	Culinary Fundamentals	3
HFED 110	Introductory Foods	2
<i>Take 7-9 credits:</i>		
CA 120	Introduction to Food Service Sanitation	2
CA 260*	Applied Culinary Fundamentals	3
CA 350*	Culinary Nutrition	3
HFED 200	Nutrient Metabolism	3
HFED 240*	Meal Management	2
HFED 330	Nutrition in the Life Cycle	3
	<b>Total Credits</b>	<b>12</b>

<b>Home and Family</b>		
<i>Take these courses:</i>		
HFED 100	Essentials of Human Nutrition	3
HFED 110	Introductory Foods	2
HFED 160	Home & Family Management	3
HFED 207	Clothing Construction I	2
HFED 340	Money Management	3
	<b>Total Credits</b>	<b>13</b>

<b>The Home</b>		
<i>Take these courses:</i>		
CONST 110	Home Maintenance	2
HFED 140	Architecture and Interior Design	3
HFED 150	Practical Homemaking	2
HFED 160	Home and Family Management	3
HFED 221	Home Decor	2
HORT 103	Home Gardening	3
	<b>Total Credits</b>	<b>15</b>

\*Course requires a prerequisite. See course description for more information