companies. Students are responsible for submitting the bills to their private companies. In the meantime, their student account will be charged for Health Center services. They will have thirty days to pay the bill before interest is charged. If a student has Brigham Young University–Idaho insurance and not private insurance, the adjustment in their bill is made at the time of service.

If a student has both Brigham Young University–Idaho insurance and private insurance, the BYU–Idaho insurance is the primary coverage. Refer to the Financial Policies section of the catalog for information on Brigham Young University–Idaho Student Health Plan Insurance.

**Student Insurance**

A DMBA representative is available for questions regarding student insurance and referrals. The toll free number is 1-800-777-3622.

**After Hours Medical Advice**

If the Student Hour Center is closed and you need medical advice, call 1-800-777-3622.

**COUNSELING CENTER**

The Brigham Young University–Idaho Counseling Center is located on the second floor of the Student Health and Counseling Center. The Counseling Center is staffed by well-trained professional counselors. Students who come to the Counseling Center receive help with a wide range of personal problems--from adjusting to university life, to depression and other emotional difficulties.

Students are assured of reliable, professional assistance in an atmosphere of warmth and understanding where confidentiality is maintained. Counseling is intended primarily for those students who can be helped in a relatively short time. It is not intended for those who need long-term therapy. On-track students are eligible for services. There is no fee for counseling.

**BYU-IDaho Internship & Career Services**

An academic internship is a valuable and integral component of a BYU–Idaho education. In most cases, an academic internship is a required element for both associates and bachelors programs. A BYU–Idaho academic internship is a cooperative program between the University and approved Experience Providers (employers). The purpose of an internship is to obtain practical and valuable work experience, to apply skills and knowledge learned in school, and to gain exposure to various job opportunities. Many internships are paid experiences and typically last one academic semester in length.

Students are generally encouraged to complete a full-time academic internship.

The Internship Office located in Kimball 230 is the central location to help organize, promote, and coordinate the internship process. The Internship Office is to help with legal problems, act as a resource center, ensure academic consistency, coordinate internship information, and assist with paperwork. A faculty internship coordinator has also been assigned to each academic department/major to assist with the understanding and arrangement of each academic internship experience.

Listed below are general academic internship guidelines:

1) The internship must be directly related to a student’s major or field of study.
2) The faculty department internship coordinator, as well as the University internship director must approve the internship.
3) The internship must be for academic credit using the 198/298/398/498 course numbers. The faculty internship coordinator must approve academic credit.
4) Students registering for academic internship credit must follow all registration guidelines and deadlines.
5) Specifically defined learning objectives, Experience Provider supervision, reports, and a signed Student Internship Agreement between the student and the faculty department internship coordinator are necessary to qualify for internship credit.

The Career Services Office helps students and alumni of BYU–Idaho prepare to present themselves successfully to potential employers and experience providers. The mentoring services website provides students with online seminars, literature, and samples to help them get started writing their résumés, cover letters, and to prepare for their interviews. They can then schedule an appointment with a trained mentor to receive one-on-one feedback and guidance for applying these principles and ideas to their specific needs and situation. One-on-one mentoring services include résumé reviews, cover letter reviews, and practice job interviews.

Career Workshops and Career Management Seminars are available to teach students the following: finding, assessing and marketing their skills, networking effectively, communicating with power (both in writing and orally), enhancing negotiation skills, making finances their slave not their master, setting and achieving goals, and the art of selling themselves.

For additional information regarding academic internships or career services, please visit our website at http://www.byui.edu/careerservices, or contact the BYU–Idaho Internship and Career Services Office at (208) 496-2176 or at internships@byui.edu.