

Department of

Psychology

**Samuel Clay, Department Chair**

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<http://www.byui.edu/Psychology>

Introduction

The purpose of the Psychology program is to use the study of behavior and mental states and processes to facilitate personal evaluation of behaviors and goals and to facilitate change in the light of psychological principles and LDS standards. The program is designed to ensure that students 1) develop an academic foundation for further psychological study, 2) prepare for entry level professions, and 3) understand means by which the principles of psychology can be used to improve life.

Recommended Courses

Math: FDMAT 223 is a required class for all Psychology majors. This course should be completed by the end of the sophomore year. Students are encouraged to start at their level of competency. If you have questions, contact the Math Department

Psychology

Brigham Young University-Idaho 2009-2010

BS in Psychology (760)

Take required Foundations courses

Major Requirements

No Double Counting of Major Courses - No Grade Less Than C- in Major Courses

Take these courses:

FDMAT 223	3
PSYCH 111	3
PSYCH 201	3
PSYCH 302	3
PSYCH 311	3
PSYCH 350	3
PSYCH 361	3
PSYCH 376	3
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Take 24 credits:

**Students may only take up to 6 credit hours total of Psych 390R, 395R and 498R*

PSYCH 240	3
PSYCH 310	2-3
PSYCH 322	3
PSYCH 341	3
PSYCH 342	3
PSYCH 365	3
PSYCH 370	3
PSYCH 378	3
PSYCH 384	3
PSYCH 390R	3
PSYCH 395R	1-3
PSYCH 435	3
PSYCH 455	3
PSYCH 498R	1-6
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Program Notes:

Total Major Credits=48

This major also requires a minor or 2 clusters

This major is available on the following tracks:

Fall-Winter---- YES

Winter-Spring---- YES

Spring-Fall---- YES

Minor in Psychology (176)

Minor Requirements

No Double Counting of Minor Courses No Grade Less Than C- in Minor Courses

Take these courses:

PSYCH 111	3
PSYCH 311	3
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Take 14 credits:

PSYCH 201	3
PSYCH 240	3
PSYCH 302	3
PSYCH 310	2-3
PSYCH 322	3
PSYCH 341	3
PSYCH 342	3
PSYCH 350	3
PSYCH 361	3
PSYCH 365	3
PSYCH 370	3
PSYCH 376	3
PSYCH 378	3
PSYCH 384	3
PSYCH 435	3
PSYCH 455	3
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Program Notes:

Total Minor Credits=20

This minor is available on the following tracks:

Fall-Winter---- YES

Winter-Spring---- YES

Spring-Fall---- YES

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Psychology Pre-approved Clusters

Psychology: Business Emphasis

Take these courses:

PSYCH 111	General Psychology	3
PSYCH 350	Social Psychology	3

Take 6 to 9 credits:

PSYCH 310	Culture and Gender	2-3
PSYCH 341	Personality	3
PSYCH 365	Motivation and Emotion	3
PSYCH 376	Cognition	3
PSYCH 435	Health Psychology	3
Total Credits		12

Psychology: Health Sciences Emphasis

Take these courses:

PSYCH 111	General Psychology	3
PSYCH 342	Abnormal Psychology	3

Take 6 to 9 credits:

PSYCH 201	Development Psychology Lifespan	3
PSYCH 322	Adult Development	3
PSYCH 365	Motivation and Emotion	3
PSYCH 384	Behavioral Neurobiology	3
PSYCH 435	Health Psychology	3
Total Credits		12

Psychology: Recreation Leadership Emphasis

Take these courses:

PSYCH 111	General Psychology	3
PSYCH 201	Development Psychology Lifespan	3
PSYCH 342	Abnormal Psychology	3

Take 3 to 6 credits:

PSYCH 240	Psychology of Effective Living	3
PSYCH 310	Culture and Gender	2-3
PSYCH 341	Personality	3
PSYCH 350	Social Psychology	3
PSYCH 435	Health Psychology	3
Total Credits		12

Psychology: Pre-Health Professions Emphasis

Take these courses:

PSYCH 111	General Psychology	3
PSYCH 342	Abnormal Psychology	3

OR

PSYCH 201	Development Psychology Lifespan	3
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Take 6 to 9 credits:

BIO 240	Neurobiology	4
PSYCH 201	Development Psychology Lifespan	3
PSYCH 342	Abnormal Psychology	3
PSYCH 365	Motivation and Emotion	3
PSYCH 370	Sensation and Perception	3
PSYCH 384	Behavioral Neurobiology	3
PSYCH 435	Health Psychology	3
Total Credits		12

Psychology: Sociology Emphasis

Take these courses:

PSYCH 111	General Psychology	3
PSYCH 350	Social Psychology	3

Take 6 to 9 credits:

PSYCH 201	Developmental Psychology Lifespan	3
PSYCH 310	Culture and Gender	2-3
PSYCH 322	Adult Development	3
PSYCH 341	Personality	3
PSYCH 342	Abnormal Psychology	3
PSYCH 365	Motivation and Emotion	3
PSYCH 376	Cognition	3
PSYCH 455	Introduction to Counseling and Psychology	3
Total Credits		12

Psychology: Research Methods

CS 124	Introduction to Software Development	3
FDMAT 223	Social Science Statistics	3
PSYCH 302	Research Methods	3
SOC 340	Research Methods	3
Total Credits		12

Psychology: Parenting Emphasis

Take these courses:

PSYCH 111	General Psychology	3
PSYCH 201	Developmental Psychology Lifespan	3

Take 6 to 9 credits:

CHILD 210	Child Development	3
CHILD 320	Adolescent Development	3
PSYCH 240	Psychology of Effective Living	3
PSYCH 310	Culture and Gender	2-3
PSYCH 350	Social Psychology	3
PSYCH 361	Principles of Learning	3
PSYCH 365	Motivation and Emotion	3
PSYCH 435	Health Psychology	3
Total Credits		12

Note: It is the students responsibility to take the proper prerequisite courses.

Psychology

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Course Descriptions	Credits*	PSYCH 370 Sensation and Perception	(3.0:3:0)
<p>PSYCH 111 General Psychology (3.0:3:0) This is an INTRODUCTORY course in Psychology which surveys the various fields of psychology and application of selected psychological principles to life situations. (Fall, Winter, Spring)</p>		<p>Prerequisite: Psych 111 The purpose of this course is to learn how the sensory systems collect and process environmental stimuli (including the internal environment). The history of the study of sensation and perception, vision, audition, tactile senses, chemical senses, and proprioception will be explored. Basic neuroanatomy will be taught to provide a basis for understanding the sensory systems. (Fall, Winter, Spring)</p>	
<p>PSYCH 201 Developmental Psychology Lifespan (3.0:3:0) Prerequisite: Psych 111 recommended The study of biological, affective, social and cognitive aspects of development through the life span. (Fall, Winter, Spring)</p>		<p>PSYCH 376 Cognition (3.0:3:0) Prerequisite: Psych 111 Introduction to theories and research in cognitive psychology. (Fall, Winter, Spring)</p>	
<p>PSYCH 240 Psychology of Effective Living (3.0:3:0) An exploration of psychological principles which facilitate a productive and satisfying life. (Fall, Winter)</p>		<p>PSYCH 378 Psychological Assessment (3.0:3:0) Prerequisite: Psych 111, FDMat 223 This is a survey course designed to introduce the students to assessment in psychology. Students will be taught: (1) to critically evaluate the qualities of psychological tests, (2) the ethical issues surrounding psychological assessment, (3) how psychological tests are used to assess intelligence, personality, interests, performance, and other psychological constructs, and (4) how psychological tests are used in a variety of areas such as psychological research, clinical/counseling settings, education, industry, business, and law. (Every 3rd Semester)</p>	
<p>PSYCH 302 Research Methods (3.0:3:0) Prerequisite: Psych 111 and FDMAT 223 Basic principles of conducting research in psychology will be taught. Some of the topics include, but are not limited to: research design, data collection, analysis, reporting results, and ethics of doing research. This class should be completed by the end of junior year. (Fall, Winter, Spring)</p>		<p>PSYCH 384 Behavioral Neurobiology (3.0:3:0) Prerequisite: Psych 111 The purpose of this course is to learn the key relationships between brain, body, and behavior. This will be accomplished by learning neuroanatomy and neurophysiology as the basis for understanding the other content areas of the course. Brain development, brain damage, plasticity, sensory systems, motor systems, states of consciousness, internal regulation, reproductive behaviors, emotional behaviors, learning, memory, cognitive functions, and psychological disorders will be explored from a psychobiological viewpoint. (Fall, Winter, Spring)</p>	
<p>PSYCH 310 Culture & Gender (2.0-3.0:3:0) This course explores the cultural and gender influences on basic psychological processes. (Fall, Winter, Spring)</p>		<p>PSYCH 390R Special Topics in Psychology (3.0:3:0) Prerequisite: Consent of Instructor In depth study of a specific topic in the field of psychology. (Fall, Winter, Spring)</p>	
<p>PSYCH 311 History and Systems of Psychology (3.0:3:0) Prerequisite: Psych 111 Historical movements and intellectual commitments of the past, early pioneers in the field of psychology, contemporary issues and assumptions that form the discipline of psychology. This class should be completed by the end of junior year. (Fall, Winter, Spring)</p>		<p>PSYCH 395R Directed Study (1.0-3.0:0:0) Prerequisite: Psych 111 and consent of instructor. Faculty student consultation will determine a special area of study and/or research problems that will give students greater preparation for advanced work in psychology and related fields. Term of enrollment, credit, and other details will be arranged with instructor. (Fall, Winter, Spring)</p>	
<p>PSYCH 322 Adult Development (3.0:3:0) Prerequisite: Psych 111 Cognitive, social, physical and personality development during adulthood. (Fall, Winter, Spring)</p>		<p>PSYCH 435 Health Psychology (3.0:3:0) Prerequisite: PSYCH 111 Using the biopsychosocial and cultural perspectives, this course is designed to facilitate the understanding of health psychology. Students will learn: (A) about scientific research in health psychology, (B) how culture is related to health and stress, (C) how the various systems in the body are affected by stress, (D) the importance of developing and sustaining healthy behaviors and attitudes throughout the lifespan, and (E) to use stress management techniques to more effectively deal with life's daily hassles and challenges. (Fall, Winter, Spring - Rotating semesters)</p>	
<p>PSYCH 341 Personality (3.0:3:0) Prerequisite: Psych 111 Introduction to theories and research in personality. (Fall, Winter, Spring)</p>		<p>PSYCH 455 Introduction to Counseling and Psychotherapy (3.0:3:0) Prerequisite: Psych 111 This course will examine the components of effective psychotherapy, evaluate current theories of therapy and historical influences. (Fall, Winter, Spring)</p>	
<p>PSYCH 342 Abnormal Psychology (3.0:3:0) Prerequisite: Psych 111 This class is designed to help you gain a basic understanding of the history, research methods, classification, assessment, diagnosis, causes (etiology), course, prognosis, and treatment of the mental disorders. Given that there is sufficient literature to warrant a separate course on each disorder, our focus will necessarily be limited to gaining a general understanding of the current issues being faced by mental health professionals with respect to the aforementioned overview. (Fall, Winter, Spring)</p>		<p>PSYCH 498R Internship (1.0-6.0:0:0) Prerequisite: Consent of Internship supervisor required. Supervised field experience in an approved setting. (Fall, Winter, Spring)</p>	
<p>PSYCH 350 Social Psychology (3.0:3:0) Prerequisite: Psych 111 An in-depth view of the psychology of the inner person and what it means to be human. The emphasis is on the complex interplay between the individual and society in the formation of self-concept, attitudes, and the way in which he/she perceives others. (Fall, Winter, Spring)</p>			
<p>PSYCH 361 Principles of Learning (3.0:3:0) Prerequisite: Psych 111 This course examines the means by which behavior is acquired and extinguished. Six to ten hours of outside-of-class lab time is expected for this class. (Fall, Winter, Spring)</p>			
<p>PSYCH 365 Motivation and Emotion (3.0:3:0) Prerequisite: Psych 111 This course examines the determinants of motivation and emotion and their relationship to thought, personality, and behavior. (Fall, Winter, Spring - Rotating semesters)</p>			