

Department of

# Recreation Management

**Scott Wood, Department Chair**

*Kari Archibald, Janell Bettinger, Steve Kugath, Scott Wood  
Pili Baclayon, Secretary (208) 496-2225  
<http://www.byui.edu/RecManagement/>*

## Department of Recreation Management Mission Statement

The Recreation Management Department provides students with life enhancing skills and insight in making wholesome recreation choices regarding personal and family leisure time. Students receive leadership training through adventure education. Recreation Management majors receive professional preparation for diverse career opportunities. The unique natural resources of the region and the department's experiential teaching philosophy provide students with opportunities for personal growth, enhanced self-esteem, ability to manage risk and the development of strong resource protection and service ethics.

### Bachelor of Science Degree with a Major in Recreation Management

The Department of Recreation Management offers a Bachelor of Science Degree in Recreation Management. Recreation Management Majors will complete 55 credits of the Recreation Management Major Requirements and an approved minor in the department of choice. For example, those interested in Commercial Recreation could complete a minor in Business, offered by the Department of Business Management and those interested in Resource Management could complete a minor in Natural Resources from the Department of Biology. Those interested in Therapeutic Recreation should see their advisor for minor choices.

### Recreation Management Minor

Students with complimentary majors may also complete 25 credits of Recreation Management coursework for a Minor in Recreation Management. Possible complimentary majors include, but are not limited to: Business Management, Health, Education, Accounting, Biology, Geology, Social Work, Psychology, Family Science, Horticulture, Animal Science, Communications, and Performing Arts.

### Therapeutic Recreation

Students interested in Therapeutic Recreation should see their advisor to set up their program. Recommended courses for Recreation Management Majors with an interest in therapy include: RM 370 Therapeutic Recreation, RM 471 Assessment in Therapeutic Recreation, RM 472 Program Dynamics in Therapeutic Recreation, RM 473 Issues in Administration of Therapeutic Recreation, Bio 264 Human Anatomy and Physiology I, Bio 265 Human Anatomy and Physiology II, Psych 111 General Psychology, Psych 242 Abnormal Psychology, and Psych 201, Developmental Psychology Life Span.

### Career Opportunities

Students graduating in this major will be prepared for entry level management positions (depending on selected minor in the following areas: commercial recreation - i.e. retail sales, recreation facility management; youth agencies and organizations - i.e. Boy/Girl Scouts, YMCA, summer camp programs; federal agencies - i.e. Bureau of Land Management, National Park Service, Forest Service, Armed Services, Army Corps of Engineers; State and municipal agencies - i.e. state parks, community and municipal recreation, public facilities management, senior citizen centers; and therapeutic recreation - i.e. nursing homes, hospitals, prisons, juvenile detention centers, and rehabilitation centers).

### Summit Expeditions

Students interested in outdoor adventure may register for a summit expedition. Advanced outdoor and management skills are included in the summit curriculum. Priority will be given to Recreation Management Majors. Prerequisite: RM 123 Basic Skills.

**Winter Summit:** An extended winter backcountry trip into the Teton Mountains during Christmas Break. This trip is split into two parts. First is a two day shakedown trip where students learn the basics of winter shelter construction, food preparation and backcountry skiing/snowboarding. The second segment, held in the Tetons, lasts six to eight days where winter skills are utilized. Four credits are available. Contact Scott Wood for more information at [woods@byui.edu](mailto:woods@byui.edu) or call (208) 496-2291.

**Spring Summit:** A month long trip to Southeastern Utah during the first block of Spring Semester. Students will participate in the following activities: Desert Survival, Canyoneering, Backpacking, Mountain Biking, Canoeing or Whitewater rafting. Five to 12 credits are available. Contact Steve Kugath for more information at [Kugaths@byui.edu](mailto:Kugaths@byui.edu) or call (208)496-2174

Recreation Management

Brigham Young University-Idaho 2009-2010

**BS in Recreation Management (611-108)**

Take required Foundations courses

**Major Requirements**

*No Double Counting of Major Courses*

<i>Take these courses:</i>		<i>Take 1 course:</i>		<i>Take 12 credits:</i>		<i>Program Notes:</i>
FDMAT 223	3	HS 222	3	RM 223 A-F, J, K	2	
RM 100	1	HS 223	3	RM 223G	4	
RM 123	2	RM 380	<u>4</u>	RM 224 A-F	2	
RM 200	3		3	RM 225 A, B, D, E	2	
RM 301	3			RM 225C	3	
RM 304	3	<i>Take 1 course for 4 credits:</i>		RM 298R	1-3	
RM 307	3	RM 223 A-F, J, K	2	RM 342	3	
RM 320	3	RM 223G	4	RM 370	3	
RM 343	3	RM 224 A-F	2	RM 423	3	
RM 483	3	RM 225 A, B, D, E	2	RM 497R	1-3	
RM 486	3	RM 225C	<u>3</u>	RM 499R	<u>1-3</u>	
MR 487	3		4		12	
RM 498R*	<u>1-3</u>					
	36					

\*must be taken for 3 credits

**Total Major Credits=55**

**This major also requires a minor or 2 clusters**

This major is available on the following tracks:

Fall-Winter---- YES

Winter-Spring---- YES

Spring-Fall---- YES

**BS in Recreation Management  
Therapeutic Recreation Emphasis - (611)**

Take required Foundations courses

**Major Requirements**

*No Double Counting of Major Courses*

<i>Take these courses:</i>		<i>Take 1 course:</i>		<i>Take 12 credits:</i>		<i>Take this required cluster:</i>		<i>Program Notes:</i>
FDMAT 223	3	HS 222	3	PSYCH 111	3	BIO 264	4	
RM 100	1	HS 223	3	RM 370	3	BIO 265	4	
RM 123	2	RM 380	<u>4</u>	RM 471	3	PSYCH 201	3	
RM 200	3		3	RM 472	3	PSYCH 342	<u>3</u>	
RM 301	3			RM 473	<u>3</u>		14	
RM 304	3	<i>Take 1 course for 4 credits:</i>			15	<i>Students must complete one additional cluster..</i>		
RM 307	3	RM 223 A-F, J, K	2					
RM 320	3	RM 223G	4					
RM 343	3	RM 224 A-F	2					
RM 483	3	RM 225 A, B, D, E	2					
RM 486	3	RM 225C	<u>3</u>					
MR 487	3		4					
RM 498R*	<u>1-3</u>							
	34							

\*must be taken for 3 credits

**Total Major Credits=66**

**This major also requires a minor or 2 clusters**

This major is available on the following tracks:

Fall-Winter---- YES

Winter-Spring---- YES

Spring-Fall---- YES



## Recreation Management

Brigham Young University-Idaho 2009-2010

### Course Descriptions

### Credits\*

<b>RM 100 Recreation Management Orientation</b>	<b>(1.0:1:0)</b>
This class is designed to assist all RM majors in successfully completing a Bachelor of Science Degree at BYU-Idaho, and to help prepare them for rewarding career opportunities. (Fall, Winter, Spring)	
<b>RM 123 Basic Skills</b>	<b>(2.0:1:3)</b>
Travel Fee: \$25.00 Fee: \$25.00 A beginning level course including instruction concerning outdoor clothing, equipment, wilderness navigation, outdoor cooking, safety, and minimal impact camping techniques.	
<b>RM 200 Leadership</b>	<b>(3.0:3:0)</b>
A beginning level course including instruction concerning the application of leadership theories and principles to recreation settings.	
<b>RM 223A Orienteering</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 An intermediate course including instruction concerning wilderness navigation involving maps, compass work, and Global Positioning Systems.	
<b>RM 223B Backpacking</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 An intermediate course including instruction in clothing, equipment, leave no trace, leadership, orientation, and safety in backpacking.	
<b>RM 223C Traditional Camping</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 An intermediate course providing skills training and theory of historical traditional camping.	
<b>RM 223D Survival</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 An introductory course in basic earth skills and survival philosophy. Instruction will include but is not limited to: water, fire, shelter, fiber, trapping, fishing, tools, weapons, and lithic skills.	
<b>RM 223E Mountain Biking</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 An introductory course including biking techniques, skills, conditioning, and maintenance.	
<b>RM 223F Rock Climbing</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 An introductory course including instruction in equipment, safety, and basic rock climbing techniques.	
<b>RM 223G Mountaineering</b>	<b>(4.0:4:0)</b>
Fee: \$80.00 An intermediate course including instruction in backcountry travel, rock climbing, and mountaineering skills.	
<b>RM 223J Summit Preparation</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 An introductory course for all students preparing for the spring summit experience. Instruction in several land skills activities will be given.	
<b>RM 223K Outdoor Cooking</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 An introductory course including instruction in several outdoor cooking techniques, specialty menu planning, and safety.	
<b>RM 223L Canyoneering</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 An introductory course including canyoneering techniques, skills, conditioning, and maintenance.	
<b>RM 224A Fly Tying</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 Skill and leadership development for fly tying.	
<b>RM 224B Fly Fishing</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 Skill and leadership development for fly fishing.	

<b>RM 224C Canoeing</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 An introductory course including instruction on flat and moving water, paddle strokes, rescue techniques and equipment.	
<b>RM 224D Rafting</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 Skill and leadership development for rafting.	
<b>RM 224E Kayaking</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 Skill and leadership development for kayaking.	
<b>RM 224F Whitewater Rescue</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 An intensive block course in the skills and dynamics of swift water rescue. It is for those who work and play in moving water. This is a beginning class with lecture and skills participation in the water. We will spend time in developing and practicing water rescue skills. Participants must be in reasonable good physical condition, strong swimming skills are not necessary, but basic swim skills are necessary.	
<b>RM 225A Cross Country</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 An introductory course including instruction concerning winter clothing and equipment, avalanche awareness, and basic Nordic skiing techniques.	
<b>RM 225B Winter Camping</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 Skill and leadership development for living in cold-weather conditions, including; winter clothing and shelters, cooking and cuisine, travel and safety, and environmental awareness.	
<b>RM 225C Backcountry Skiing</b>	<b>(3.0:3:0)</b>
Fee: \$80.00 This course will familiarize students with topics and skills related to safe travel and camping in winter wilderness environments. Course content includes: Awareness of injuries related to cold weather, clothing and equipment, avalanche awareness, Telemark skiing, basic snow and glacier travel, shelter and meal preparation. Students must be prepared to spend time in extreme winter conditions.	
<b>RM 225D Winter Mountaineering</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 This course will familiarize students with topics and skills related to safe travel and climbing in winter wilderness environments. Course content includes: Awareness of injuries related to cold weather, clothing and equipment, avalanche awareness, ascending and descending steep snow, glacier travel and rescue, construction of climbing anchors and self-arrests and the development of judgment and leadership skills.	
<b>RM 225E Avalanche</b>	<b>(2.0:2:2)</b>
Fee: \$80.00 Skill and leadership development for Avalanche. A study of avalanche awareness skills which include an examination of the relationship of snowpack, weather, terrain and triggers. Route finding in avalanche terrain and search and rescue techniques will be presented and practiced.	
<b>RM 298R Introductory Internship</b>	<b>(1.0-3.0:0:0)</b>
Prerequisite: Must have completed 12 credits of Recreation Leadership core classes An introductory course involving experience in a department approved leisure service program. Students must first complete 12 credits of Recreation Management core courses before registering for this course. Students must register through the department Internship Coordinator. (Fall, Winter, Spring)	
<b>RM 301 Family Recreation</b>	<b>(3.0:2:2)</b>
Fee: \$50.00 This course will address the issues related to recreation as it applies to the LDS family environment and develop within the student the tools needed to implement the principles for success set forth by the Prophets.	
<b>RM 304 Leisure in Society</b>	<b>(3.0:3:0)</b>
An introduction to the foundational theories, philosophies, concepts and history in the Recreation Management profession. Topics include: Challenges associated with leisure, leisure values, and the impact leisure has on the individual, the family, and society.	

# Recreation Management

Brigham Young University–Idaho 2009-2010

- RM 307 Accessible Recreation (3.0:3:0)**  
Prerequisite: RM 307  
Agencies, programs, theories, and professional opportunities associated with recreation for the disabled. Practical methods emphasized.
- RM 320 Program Management (3.0:3:0)**  
Organization and administrative skills necessary for the planning and development of recreation programs in commercial, public, and non-profit settings. Theoretical concepts with a practical application emphasis.
- RM 342 Environmental Interpretation (3.0:3:0)**  
Travel Fee: \$10.00  
An intermediate course including instruction concerning techniques useful for education in the outdoors. Topics include: visitor information services, environmental education programs, and the enhancement of outdoor experiences through nature awareness activities.
- RM 343 Experiential Education (3.0:3:0)**  
An intermediate course including instruction concerning the design and facilitation of experiential learning activities. Students will be required to apply these leadership and team building skills in a variety of settings.
- RM 370 Therapeutic Recreation (3.0:3:0)**  
Travel Fee: \$10.00  
Prerequisite: RM 307  
Introduction to the field of Therapeutic Recreation. Clinical interventions for individuals with special needs or problems.
- RM 380 Wilderness First Responder (4.0:5:3)**  
Fee: \$205.00  
Prerequisite: Be in good physical condition. Any concerns - please call instructor.  
Recommended for students seeking employment in wilderness environments. National Certification as Wilderness First Responder. Emphasis on accepted medical protocols for situations requiring extended patient management in the wilderness, extreme environments, and with limited equipment.
- RM 423 Resource Management (3.0:3:0)**  
Travel Fee: \$20.00  
Fee: \$10.00  
An advanced course involving an introduction to the theory, history, management processes and techniques useful for natural resource managers. This course is for students interested in careers with resource management agencies like the National Park Service, US Forest Service, Bureau of Land Management, etc.
- RM 471 Assessment in Therapeutic Recreation (3.0:3:0)**  
Fee: \$10.00  
Prerequisite: RM 370  
Patient assessment, treatment plan development, and counseling procedures.
- RM 472 Program Dynamics in Therapeutic Recreation (3.0:3:0)**  
Travel Fee: \$10.00  
Prerequisite: RM 370, RM 471  
This course is designed to provide the Therapeutic Recreation student with practical exposure to a broad range of therapeutic techniques and to assist in gaining clinical skills and competencies needed to plan and implement programs for people with disabilities.
- RM 473 Issues in Therapeutic Recreation (3.0:3:0)**  
Prerequisite: RM 370, RM 471  
This course presents the foundation for issues relating to professional competence, financial management, supervisory communication and management in the field of therapeutic recreation.
- RM 483 Facility Management (3.0:3:0)**  
A broad survey course of recreation facilities, from outdoor environmental learning centers and caps to skate parks to fitness centers to stadiums and arenas. Theories and concepts that apply to the management and design of all types of recreation facilities will be explored.
- RM 486 Risk Management (3.0:3:0)**  
Study of laws affecting recreation services. Professional responsibility for the development of risk management protocols and procedures.

- RM 487 Research and Evaluation (3.0:3:0)**  
Prerequisite: Math 221 Statistics – to be completed before or concurrently.  
A senior level course including instruction concerning how to design, collect, analyze, interpret, and report information for organization and program needs assessment and evaluation. Students must complete Math 221 (Statistics) before or while taking this course.
- RM 497R Topics and Research (1.0-3.0:0:0)**  
Prerequisite: Must be a Recreation Leadership Major or Minor.  
Independent study of a leisure issue or problem. Study must be approved by department and conducted under the supervision of an assigned department faculty member.
- RM 498R Senior Internship (1.0-3.0:0:0)**  
Prerequisite: Senior Internship should be taken after 24 credits of recreation core courses have been completed. Student must contact the Internship Director when planning their internship experience.  
Professional experience in a departmental approved leisure service program. To be completed near the end of degree.  
(Fall, Winter, Spring)
- RM 499R Leadership Seminar (1.0-3.0:0:0)**  
Prerequisite: Must be a Recreation Leadership Major.  
Special intensive exposure to a selected topic in the recreation profession. Study must be approved by department and conducted under the supervision of an assigned department faculty member.