Test Preparation Tips

1. Start preparing for exams the first day of class. Regular review important

2. Schedule weekly reviews.

3. One of best times for review is immediately before bed. While you are sleeping, the memory process an continue undisturbed, allowing for internalization of material.

4. Cornell notes are very good for reviewing

5. When reviewing don't just re-read the text. To re-read everything is a waste of your precious time. Skim the material in the text, concentrating on the points you've marked, then study from your notes.

6. Review previous tests, quizzes, papers, summaries, or lab sheets. If problem solving is involved, practice old problems using new variables.

7. Study groups are very good. Set time limits, keep group small, have a plan, give everyone an assignment, take turns asking review questions.

8. Before major exams make up summary sheets.

9. Cramming? Not good. Can’t CRAM unlearned material the night before the exam. Okay to have a final REVIEW the night before.

10. Mind maps. Make a picture or diagram of your material- accessing right hemisphere to SHOW relationships.

11. Mnemonics are a good way to help one memorize, but there are limitations to using them.

12. To avoid test anxiety, best defense is be well-prepared.
Objective Tests

1. Answer questions you're sure of first

2. Watch for "ABSOLUTE QUALIFIERS"
   'All, every, never none,' etc. MAY make statement false
   'Some, many, most', etc. MAY make statement true

3. If any part of true-false statement is false the whole statement is false

4. Watch for DOUBLE NEGATIVES.
   Cross out TWO negatives at a time to help understand the sentence.
   "The strikers were not disloyal to their employers."

5. Watch for grammatical hints. "An" indicates that the next word must begin with a vowel.
   "Ivory comes from the tusks of an _____.
   A. Snarfel    B. Trisket    C. Eletrant    D. Catamont

6. Watch for PLURALS. "...conditions."

7. One question might refer back to another question.

8. Check and proof read.